Sheriffs from across the state of Tennessee, who normally train with their agencies, gathered in Gatlinburg this August for our week-long training and annual family conference. A majority of the 95 sheriffs in our state are members of the Tennessee Sheriffs’ Association (TSA) and speak as “One” for the good and welfare of all Tennessee sheriffs. A new challenge for us; however, is with this being an election year, 35 new sheriffs will be sworn in on September 1st replacing nearly one third of all the sheriffs in the state.

The constitutional office of sheriff is perhaps the only elected office in the state that requires as many hours of training, certification and state statutory requirements. (Candidates for this office must submit ten official documents to P.O.S.T. just to qualify for the race.) After winning an election, each new sheriff must attend a mandatory two-week new sheriff’s school, receive annual in-service training, qualify with a fire-arm, pass an EVOC course and keep up with all the new state legislative requirements for the office of sheriff.

As the constitutional chief law enforcement officer of the county, each sheriff must take most seriously his or her four basic mandates of being (1) the keeper of the jail, (2) the server of court process, (3) the protector of the courts and the keeper of the peace in that county.

At this year’s TSA annual banquet, the keynote speaker was Hampton, Virginia Sheriff B. J. Roberts, the newly-elected 69th president of the National Sheriffs’ Association. The new president spoke about the eroding of the office of sheriff across the U.S. He announced the recent abolishment of sheriffs’ offices in Pennsylvania and Connecticut by an act of their respective legislatures.

Unfortunately, it appears that a number of our sheriffs across the country have lost their constitutional powers of “law enforcement,” as we know them, and have been relegated only to running the jails, serving process and providing security for their courts. I would suspect in those states that the “unity of the sheriffs” was lost, and consequently, their respective sheriffs’ associations did not have the ear of their state legislators.
Tennessee is different.
The Tennessee Sheriffs’ Association is a strong lobbying power among both House and Senate members and maintains an active voice for the individual sheriffs in our 95 counties. It has been the custom for Tennessee sheriffs to develop relationships with their respective legislative members on a first-name basis and dialogue with them regularly, letting their voices be heard on critical law enforcement issues that are coming before the General Assembly and its committees.

The influence of a strong state association helps safeguard the role of the office of sheriff. The strength of our “local” sheriffs’ offices is due to (1) his elected status and (2) strong citizen support. This elected and supported position is respected by our local legislative delegation - who must depend also on the voters. Accordingly, they are very interested in the voice of their sheriff with regard to legislative matters.

For the immediate future, I believe strongly that the office of Tennessee sheriffs will remain a strong voice for our people in matters of local law enforcement. This support will continue as long as each sheriff remembers that he or she is elected to be a “sheriff of the people” for that county and is committed to reflecting the “will of the people” in keeping the jail, serving court process, protecting the courts and keeping the peace throughout the county.

Sheriff Jim Hammond

EMPLOYEE OF THE MONTH

Jimmy Hughes, Corrections Division, Food Service Manager “prepares approximately 1,700 regular meals, 40 special meals, 30 religious meals and medical diets every day within or below his designated budget at the jail”

Then add to that the time he spends on an extra-clean kitchen and creating a pleasant work place for all his team.

Is he a miracle man, or just a motivated man with a mission? Jimmy can be detailed enough to budget, bid for the best prices, manage an inventory and a staff and still be creative enough to provide fresh, homemade, good-tasting meals and do it all well.

How did he learn these skill sets? For 12 years in the United States Navy as a naval cook, Hughes prepared 4,500 meals a day and maintained the inventory, budget and menus for Uncle Sam and hundreds of hungry sailors.

From there, he went to the Georgia Department of Corrections for 8 years, 6 of which included being the kitchen supervisor, and an additional 2 years spent as a correctional officer.

Finally, Jimmy joined the Hamilton County Sheriff's Office family in 1996 as the Jail’s Food Service Manager.

A culinary artisan who loves cleanliness and the fine details of kitchen management, Jimmy Hughes’ service at the HCSO for the past 14 years has been truly remarkable.

The Roll Call and all of the HCSO salute Jimmy Hughes.

VOLUNTEERS NEEDED!
Hamilton County Fair, Chester Frost Park, September 25 - 26, 10:00 a.m. to 6:00 p.m. Call Susan McNabb at 423-209-8155.

A special thanks to Director Don Gorman for his fine work in heading up the United Way Motor Cycle Ride!
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"If your neighbors think you’re a detective because a cop always brings you home, you might be a redneck.”

Jeff Foxworthy

"Everywhere that freedom stirs, let tyrants fear.” George W. Bush

"After the chaos and carnage of September 11th, it is not enough to serve our enemies with legal papers.” George W. Bush

"I look back on my life like a good day’s work; it was done and I am satisfied with it.”

Anna Mary Robertson, a.k.a. Grandma Moses

YOUR PERSONAL FINANCE$

Ready to kick the bucket?

Now is a great time to sit down and plan for all the things you want to do before you kick the bucket! Psalms 37:4 says, “Delight yourself in the Lord and He will give you the desires of your heart.”

Ask God to put the right desires in your heart. Next, write down your kick-the-bucket list of future goals.

Retirement comes to mind for most. But that requires careful thought. Are my debts paid?

How about starting a business of your own after retirement? Perhaps travel?

Policemen are taught to think objectively; just the facts! But this kind of planning calls for using the creative part of your minds. Use imagination. Let your mind wander to all the good things you want to do.

Taking care of a handicapped child or grandchild ranks high for some. Seeing that the children get the education they need often heads the list too. Those could be your must-do goals.

Then narrow down your list of things that really appeal to you; things you can be good at. Ask reliable people you know to tell you what they think you would enjoy. They might really surprise you.

Free of debts and other entanglements, where would you like to devote your time and money? Benevolence should be on your final list.

Good stewardship of your relationships, job, money and time are the best foundations for your later success. So, start your “kick-the-bucket” list and do dream big!

John E. Waters

The Roll Call, August 31, 2010 3
Hamilton County Sheriff’s Office
Presents this
Certificate of Commendation
To
Deputy Eugene Myers

On April 29, 2010, Deputy Eugene Myers was dispatched to investigate a home burglary. His investigation revealed that a number of cars in the neighborhood had also been burglarized in addition to the complainant’s home. Deputy Myers went beyond the usual inquiries and developed information that led him to locate a guest staying at a neighbor’s home. Deputy Myers located the house guest and conducted an informal interview, during which time the subject implicated himself with the home and auto burglaries. Deputy Myers secured the voluntary cooperation of the suspect who identified the stolen items from his own personal belongings. Deputy Myers’ thorough initial investigation resulted in the return of all of the stolen property and 16 theft-related charges being filed against the suspect. Deputy Myers has proven to be an exceptional law enforcement officer and is in keeping with the highest standards of the Hamilton County Sheriff’s Office. Accordingly, this Certificate of Commendation and Sheriff’s Challenge Coin are awarded to Deputy Myers.

Presented July 13, 2010
Jim Hammond, Sheriff

Allen Brandum, Chief Deputy

We sincerely regret not being able to display the Meyer photo taken which included Deputy Meyers with his wife, Jackie, daughter, Jessica and sons, Gene Jr. and Jordan. The photo card was damaged.

Sheriff Hammond directed that a team be formed to focus more closely on “gangs and “gang-member activities” within Hamilton County. Members of the HCSO have been working for many months and have been able to identify and address some concerns of the community.

With the establishment of the Gang Task Force and working closely with the Chattanooga Police Departments Crime Suppression Unit, we will be able to have a more unified and focused effort. The personnel selected for the Task Force have been placed on special assignment and represent both Law Enforcement and Corrections in either an active or supportive roll. The mission of the Task Force will be to identify members of the community that are involved in gang activity/violence and share information with area law enforcement to deter, reduce and solve crime through a cooperative effort.

An e-mail address has been created to allow direct communication to the Task Force members and the forwarding of any information concerning gang members, gang member’s activities or the identification of gang members gangtaskforce@hcsheriff.gov.

Captain Bill Johnson

Guess Who?
Answer on p. 13

Letters to the Editors

Letter to the Editors:
“Thank you for allowing our church to host this [Neighborhood Watch] meeting. It certainly was a success.”

Mitch McClure, Senior Chaplain

Interesting factoid about AUGUST 2010. This August had 5 Sundays, 5 Mondays and 5 Tuesdays - all in 1 month. It happens once in 800 years.
Reserve Graduation
The Reserve Division Staff is supervised by Chief Ron Parson, Captain Lynn Triplett, F/T Coordinator Sgt. Mark King and P/T Coordinator Reserve Officer Jim Sheets.

The Training Division is supervised by Director G. A. Bennett, Captain Lenda Clark and Sergeant/GDI Joseph Mays.

Seated between Sheriff Hammond and Chief Deputy Branum are County Mayor Claude Ramsey (speaker) and Sessions Court Judge Christie Sell.


The Roll Call, August 31, 2010
(Above Left) Our Tactical Medical SWAT team members are now Reserve Officers. Joining SWAT Surgeon, Dr. Jim Creel (center with tie) are L-R Brian Bricker, Tony Sylvester, PA-C Professor Richard Cook, Seth Gentry and Andrew Voss.
Corporal Spencer Daniels was awarded the Law Enforcement Officer of the Year by the Knights of Columbus Chapter #14079. Pictured with Cpl. Daniels and HCSO supporters is his wife Melissa, a Soddy Daisy Officer. (Director Bennett is a charter member and Recorder of this council.)

Spencer Daniels’ Bio:
1993 to 1997 - U.S. Air Force stationed in Washington D.C., assigned to the Presidential Honor Guard, Executive Driver Section at the Pentagon and Security Police
1997 - East Ridge Police Department
1998 to 2000 - Erlanger Medical Center Hospital Police
2000 to 2002 - Hamilton County Parks Ranger Division
2002 to 2003 - Signal Mountain Police Department
2003 to Present – HCSO Patrol and coordinator of the Field Training Program, SWAT Team Executive Officer and Honor Guard Coordinator
December, 2009 - Promoted to corporal

Knights of Columbus Council #14079
Holy Spirit Catholic Church

Law Enforcement Officer of the Year
Presented to
Corporal Spencer Daniels
For your outstanding service above and beyond the call of duty
to the citizens of Hamilton County
July 19, 2010
**True Stories of the HCSO**

**Sheriff Hammond** has decided to commission a book entitled *True Stories of the Hamilton County Sheriffs Office*. It will be written by employees and will be a collective book of actual law enforcement stories slated to be released in one year.

The purpose of the book is to increase employee awareness within the HCSO ranks and to promote the book publically as a fund raising tool for special HCSO projects. Every employee who wants to participate in this first-of-a-kind effort is encouraged to submit preferably one humorous story and one serious story for editorial review for subsequent inclusion.

The book will be co-written by Reserve Deputy Dr. Robert Spalding in conjunction with Director Bennett who has already written a published history of the sheriff’s office. Dr. Spalding has six books out in print now and will have three more published by the end of 2010. This new project will take about five months to collect the stories, two months to edit and one month to print.

Please contact me at gbennett@hcsheriff.gov or Dr. Robert Spalding at RTS9999999@aol.com with any questions or submissions. Don’t hesitate to be involved in this project because of your perceived “writing ability,” because every story will be edited for grammar, etc. It’s your stories that are the most important issue here, not your command of the English language.

**UPDATE: SUBMISSIONS WILL BE ACCEPTED FROM RETIREES AND FORMER EMPLOYEES AS WELL.**

**Who said they were smart?**

Drug Possession Defendant Christopher Jansen, on trial in March in Pontiac, Michigan, said he had been searched without a warrant. The prosecutor said the officer didn't need a warrant because a "bulge" in Christopher's jacket could have been a gun. "Nonsense," said Christopher, who happened to be wearing the same jacket that day in court. He handed it over so the judge could see it. The judge discovered a packet of cocaine in the pocket and laughed so hard he required a five minute recess to compose himself.
FATHER’S CLASS

Have you ever heard that “weak homes equal weak neighborhoods, and weak neighborhoods equal weak towns, and that equals a weak state and nation?” The premise is, if we can fix the weak homes, we also fix our towns, states and the nation. So, how do we fix the homes? A major factor of deteriorating home life is the rising number of fatherless homes. Let’s look at the data.

- **85%** of all youths sitting in prisons grew up in a fatherless home.
- **70%** of juveniles in state operated institutions come from fatherless homes.
- **63%** of youth suicides are from fatherless homes.
- **71%** of all high school dropouts come from fatherless homes.
- **85%** of all children that exhibit behavioral disorders come from fatherless homes.
- Nearly 2 of every 5 children in America do not live with their fathers.
- **There are 11,268,000 total custodial mothers and only 2,907,000 total custodial fathers.**

As you can see, fatherless homes have had an impact on communities and our nation. It might be said that detainees are not good dads. But remember there are many recovered addicts who turn out to be productive citizens.

Congressman Zach Wamp has been open about his past drug addiction, as has President Bush about alcoholism. Johnny Cash and Waylon Jennings and many others have suffered and recovered from addictions.

At the HCSO Jail, detainees are provided a new Father’s Class to help them be better fathers. This class shows detainees the importance of their actions. Many times they have not stopped to think that their actions affected themselves and those around them who depend on them.

Our goal is that HCSO detainees choosing to participate in the class will be challenged to make positive decisions. If these men return home and become active and involved fathers, the future of their children and of our communities would be changed for the good.

HCSO desires to make an impact on our community and the Father’s Class is one small way we are attempting this worthy mission.

Also in Corrections News:

CHIEF SHOCKLEY

Our thoughts and prayers continue to be with Chief Shockley and his family during this time of illness. We wish him all the best and a speedy recovery.

ACA TESTING

Correction Officers, don’t forget ACA testing will occur September 20th in the Jail’s Training Room. Direct questions to Officer Tracy Case.

*Above information was gathered from the Dept. of Health and Human Services, Center for Disease Control, Census Bureau, Dept. of Justice, National Principals Association, Fulton County Georgia Jail Populations, Texas Dept. of Corrections and U.S. New and World Report.

Officer George Jackson

Test your knowledge of the sheriff’s office

**The August Question:**

Do you know which Republican sheriff with a “forceful character” was also a confirmed bachelor and attorney. His father was a renowned lawyer, and his brother was a minister both of whom lived in Chattanooga. **Hint:** (Utah became the 45th state while he was in office.)

**July’s Question:** What famous Ooltewah road is named after one of our former sheriffs? **Answer:** Snow Hill Road in Ooltewah was named after Sheriff William Snow who served from 1858 to 1862. The Snow family, like most families during the Civil War, did not escape its destruction. Cannons were hauled from Chattanooga by Union soldiers to bombard the Snow Hill Plantation home. Though the Union was unsuccessful in routing the Confederacy, the Snow house bore cannon holes until its dismantling in the 1920’s.
“2010 Guns & Hoses”

BATTLE OF THE BADGES

Law Enforcement Officers vs. Fire Fighters

Saturday, December 11, 2010, 7:00 p.m.
at the Chattanooga Convention Center

Would you believe that we already have six deputies who say they will compete in this year’s Battle of the Badges (“Guns and Hoses”) Event!

If you’re not planning on fighting, please plan to attend this worthwhile event and support our men. General admission is only $10 and ringside seats are only $20.

Ever want your own personal trainer? Now’s your chance. Training sessions begin on September 7. (Schedule on next page)

Athlete Application

First Name _____________________________
Last Name _____________________________
Address _______________________________
City _____________________ Zip Code _____
Daytime Phone ________ Cell Phone ________
E-mail address __________________________
Date of Birth ________ Age ______ Gender ___
Height _______ Weight _______ Reach ______
Occupation ________ City _________________
# of Years Boxing Experience ____ When ____

Mail application to:

Joe Smith
1002 Olde Mill Lane
Hixson, Tennessee 37343

Fact Sheet

The Battle of the Badges is a USA Boxing sanctioned event and will be using certified coaches, corner men, referees and judges to work the three (3) one (1) minute bouts.

All boxers will be matched by age, weight, boxing experience and overall physical ability.

This is the 2nd Annual “Guns & Hoses” Battle of the Badges, a 20-bout boxing card featuring a team of law enforcement officers against a team of firefighters. Both teams represent departments throughout the Hamilton County and the Chattanooga metropolitan area.

Proceeds from the “Guns & Hoses” event will benefit the Westside Boxing Club, a delinquency prevention program, and the Forgotten Child Fund, a charity of the firefighters and law enforcement officers.

Tickets: General Admission - Adults $10, students $5
Ringside Seats $20, Corporate Tables $300
Contact Persons:
Joe Smith @ 400-8472,
Andy Smith @ 847-7682
You must be a certified peace officer, fire fighter, or a volunteer fire fighter. You must live or work for a department located in Chattanooga or Hamilton County. All applicants must be an amateur. (You must never have competed for money.) Every boxer must register with USA Boxing which will require a $50.00 fee.

1. USA Boxing sanctioned. All rules and regulations of the national governing body of amateur boxing will be observed.
2. USA Boxing certified coaches will work the corners. Certified referees and judges will work the bouts.
3. Bouts will be three (3) one (1) minute rounds with a (1) minute rest between rounds.
4. Boxers will be divided into age, weight, height and skill levels.
5. Ages: 19-34, and 35 up. If you are in the 35 and over age group you may only compete against someone 5 years older or younger. No one 35 or older may box someone 34 or younger.
6. Weight is done by weight class or a matched bout. A matched bout is someone within 10 pounds of your body weight.
7. Height: We will attempt to match all boxers within 3 inches of their height.
8. Evaluations and Matches: You will be evaluated by one of our certified coaches. You must attend a minimum of 2 of the controlled sparring sessions.
9. You will be evaluated on your aerobic ability, boxing skills and natural ability.
10. We will attempt to match everyone who registers and prepares for this event as close as possible. If this can not be done, then you may not get matched.
11. The training gym is located in the old Number 7 Fire Hall Building located at 1600 Central Avenue. (See schedule below for times and days the gym is open.)
12. You will need a mouth piece and hand wraps. All other equipment will be provided to include uniforms for the competition that will be yours to keep.
13. Every boxer will be required to have a pre-bout physical examination. This will be done by UT Family medicine at no charge to you the athlete.
15. Applications will be accepted until September 30, 2010.
16. Direct questions to Joe Smith @ 400-8472, Coach Andy Smith @ 847-7682 or Marty Biddle @ 870-9724.

Gym Schedule: (additional times may be available)
Tuesday’s at 9:00 a.m. until noon (personal coach)
Wednesday’s at 7:00 p.m. until 9:00 p.m. (personal coach)
Friday’s at 9:00 a.m. until noon (open gym workout)

10/14/10 - Controlled Sparring & Evaluations, 7:00 p.m.
10/28/10 - Controlled Sparring & Evaluations, 7:00 p.m.
11/11/10 - Controlled Sparring & Evaluations, 7:00 p.m.
11/24/10 - Controlled Sparring & Evaluations, 7:00 p.m.
12/2/10 - Controlled Sparring & Evaluations, 7:00 p.m.

• All boxers must attend a minimum of two (2) of the controlled sparring and evaluation sessions. If times conflict with your work schedule, let the coaches know and they will arrange another time for you.
• All participants are welcome to participate in the Westside Team Training Sessions daily Monday through Thursday 5:30 p.m. until 7:30 p.m.
Coping With Depression

You may feel awkward about speaking to a loved one with depression, especially if you don’t understand the condition. Test your knowledge about what to say and what not to say to someone battling this mental disorder.

Life is full of ups and downs, and it’s only natural for people to go through rough periods when they need some cheering up. But depression is more than feeling a little blue, and people struggling with depression need the right kind of loving support from family and friends.

It helps to know what to say and, just as importantly, what not to say to a loved one battling depression. “Depression is a medical illness and should be treated as such,” says Eva Ritvo, MD, vice chair of the department of psychiatry and behavioral sciences at the University of Miami’s Miller School of Medicine. “Harsh or judgmental comments will only make things worse.”

Do you know what are the best and worst things to say to someone who’s depressed? Quiz yourself and find out what to say.

Depression Quiz: Say It or Don’t Say It?

1. Your loved one hasn’t left the house in what seems like days. Should you tell him to pull himself up by his bootstraps and just snap out of it? Don’t say it. You may be tempted to tell someone who’s depressed to stop moping around and just shake it off. But depression is not something patients can turn on and off, and they’re not able to respond to such pleas. Instead, tell your loved one that you’re available to help them in any way you can.

2. In a world full of wars, hunger, poverty, abuse, and other ills, you may feel impatient when someone you love feels depressed. So do you remind him how lucky he is? Don’t say it. You can’t argue someone out of feeling depressed, but you can help by acknowledging that you’re aware of his pain. Try saying something like “I’m sorry that you’re feeling so bad.”

3. Exercise is a known way to lift your mood. Is it a good idea to suggest that your loved one with depression go out and enjoy some fresh air and activity? Say it — but with a caveat. By definition, depression keeps you from wanting to engage in everyday activities. But you can show your support by offering to take a walk, go to a movie, or do some other activity with your loved one. How about: “I know you don’t feel like going out, but let’s go together.”

4. Some people believe that depression is an imaginary disease and that it’s possible to think yourself into feeling depressed and down. Should you tell your loved one that depression is just a state of mind — and if she really wanted to, she could lift her mood with positive thoughts?

Don’t say it. Suggesting that depression is imagined is neither constructive nor accurate. Although depression can’t be “seen” from the outside, it is a real medical condition and can’t be thought or wished away. Try saying instead: “I know that you have a real illness that’s causing you to feel this way.”

5. You think your loved one could benefit from talking to a mental health professional. Should you say so?

Say it. Reinforcing the benefits of treatment is important. Encourage the idea of getting professional help if that step hasn’t yet been taken. This is especially important if your loved one has withdrawn so much that she is not saying anything. Try telling her, “You will get better with the right help.” Suggest alternatives if you don’t see any improvement from the initial treatment in about six to eight weeks.

6. Maybe your depressed loved one just needs to relax and unwind. Should you take him out for happy hour and suggest having a drink or two?

Don’t say it. Suggesting that someone with depression have a drink is never a good idea, since alcohol itself is a depressant.

7. You notice that your loved one is coming out of her fog and starting to enjoy some of her preferred creative or other pastimes again. Should you comment on it, or just play it cool?

Say it. Pointing out specific improvements you notice — like a boost in energy or renewed interest in activities — can encourage someone with depression along the road to recovery.

By Kristen Stewart and the Everyday Health Staff

Capable policemen - mediators of good mental health!
Recently, I received a call to come to a DOA scene. Anyone on patrol for very long has received calls like this. The sequence was all too familiar: the people next door noticed something different about their neighbor’s house; they attempted to make contact; the Good Samaritans found their friend dead; they called 911; HCSO was dispatched. EMS entered the house and confirmed the person was dead; HCSO patrol looked for clues in the death; CID was called; investigators looked for additional clues to determine the cause of death; the family and neighbors waited with great anxiety; more family members rolled up on the scene; even more neighbors gathered.

We know the drill.

That call a few weeks ago impressed me. It occurred to me in the midst of this tragedy that something important was changing. HCSO relationships were changing!

The two deputies worked well together. The supervising sergeant worked well with the deputies. CID worked well with patrol. The neighbors and the deputies interacted very well together. The EMS worked well with them all. The officers respected the feelings of the hurting family. They showed respect for the body of the deceased. It just seemed like everyone worked smoothly and in such a professional manner.

I felt good watching this happen.

Let’s face it, this family was in crisis! HCSO demonstrated they were a crisis management organization of caring policemen. It showed in their actions!

Right relationships with one another made this work of crisis management so much easier.

I applaud our deputies. I applaud your professional nature and compassion for other human beings in what was likely the worst circumstances of their lives thus far.

It is the privilege of the chaplains to serve you!

Mitch McClure, Senior Chaplain

The Retiree Luncheon has been rescheduled for 11:30 a.m. on October 1, 2010. The catered event will be held at Middle Valley Church of God located at the intersection of Middle Valley Road and Thrasher Pike.

“Integrity is telling myself the truth. And honesty is telling the truth to other people.” Spencer Johnson

Ooops! - You forgot to remove your cell phone from your pocket until after you dove into the pool, or you stayed out in the rain talking on it a little too long!

A good way to sidestep water damage is to turn off the phone immediately and remove the battery, then fill a container with dry rice, put the phone parts inside the bag and seal it leaving it to set at least overnight. The rice should absorb the moisture that’s shorting out the phone.

Once you reassemble it, it should be as good as new!

Spencer Daniels as a HCSO Explorer (picture circa 1991). See page 7 for recent award article.
Anne says those born in September may be intellectual, picky, hard workers, excellent communicators and maybe a bit sarcastic.